

FAQ's About Jessica Cole Training Stables' **Riding Lesson Program**

What if I have no experience and no horse?

Answer: No problem! We enjoy teaching beginners from the ground up and can provide a safe lesson horse.

When are lessons available?

Answer: Lessons are available year round with time slots available on a first come, first served basis. Lessons are sometimes cancelled or postponed in extremely cold weather because the arena is not heated. Lessons are also sometimes postponed when trainer/instructor Jessica Cole is on the road to shows.

How many lessons do I need to know how to ride?

Answer: This depends entirely on your goals! For those who "catch the bug," one is never done learning to ride, and further instruction equals further advancement and more enjoyment! However, for those seeking a basic level of horsemanship skills, a series of ten to twenty lessons is sufficient to develop some general skills and knowledge.

I love horses but have minimal athletic talent and some fear issues. Is there hope for me?

Answer: Absolutely! Riding is a skill, not a talent. That means, literally, that anybody can do it with enough time, patience, and effort invested. Fear issues also respond well to time, patience, and a controlled lesson environment on a safe horse.

Are lessons available to anyone, or do I have to be interested in showing?

Answer: We have many students who ride strictly for pleasure as well as many who compete at the Regional and National level in the show ring. Everyone is welcome here.

What equipment is required?

Answer: Boots or shoes with a hard sole and a one inch tall heel, suitable pants (not shorts!) such as jeans or jod pants, and an ASTM riding helmet, along with a signed liability release.

How much do lessons cost?

Answer: Basic beginning horsemanship lessons involve about 20 to 30 minutes of work with the horse on the ground and 20 to 30 minutes of riding time. These lessons are \$40 apiece. Packages are available at a discount. Longer lesson times are also available for more advanced riders. See our website at www.jessicacoletrainingstables.com for full fee details. Or ask Jessica!

Can you help me find a suitable horse to purchase or lease?

Answer: Certainly! We are very successful at finding the right horse for people. We strongly recommend starting with lessons and then progressing to ownership or lease arrangements.